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Sources of Free or Low-Cost Food and Nutrition Materials

August 1995



**United States
Department of
Agriculture**

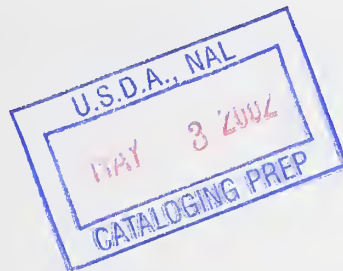


National Agricultural Library

Sources of Free or Low-Cost Food and Nutrition Materials

Revised August 1995

Food and Nutrition Information Center
(301) 504-5719



**Food &
Nutrition**

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Introduction

This publication is a list of organizations that provide free or low-cost food and nutrition materials for consumers. The Food and Nutrition Information Center (FNIC) receives many requests for materials to distribute at health fairs, classes, physicians' offices, wellness programs, and other locations. Since FNIC is not a clearinghouse and has a limited number of publications to distribute in bulk, the Center has developed this publication to help others locate free and low-cost food and nutrition materials.

The list is alphabetical and divided into three sections: 1) Nutrition, Medical, and Health Organizations; 2) Food-Related Associations; and 3) Food Companies. If the organization has materials available in non-English languages, the languages are listed in parenthesis after the name of the organization. The languages are abbreviated as follows:

A	=	Arabic
C	=	Cambodian
Ch	=	Chinese
Cz	=	Czechoslovakian
H	=	Hmong
J	=	Japanese
K	=	Korean
L	=	Laotian or Lao
P	=	Polish
R	=	Russian
S	=	Spanish
T	=	Tagalog
Th	=	Thai
Tu	=	Turkish
V	=	Vietnamese

Not all publications are available in all languages. FNIC recommends that you call or write the organization(s) for a publication list or order form. FNIC also suggests that you make your request(s) for materials as far in advance as possible to allow for processing and mailing time. Some organizations may take up to eight weeks to fill your request. There are fees for some of the materials distributed by these organizations.

Inclusion of an organization on this list does not indicate endorsement by the U.S. Department of Agriculture (USDA), nor does the USDA ensure the accuracy of all information provided by these organizations.

Section I. Nutrition, Medical, and Health Organizations

A. National Contacts

Aging

American Association of Retired Persons
601 E Street, NW
Washington, DC 20049
(202) 434-2277

Asociacion Nacional Pro Personas
Mayores (S)
3325 Wilshire Blvd., Suite 800
Los Angeles, CA 90010
(213) 487-1922
Fax: (213) 385-3014
(800) 953-8553

National Institute on Aging (S)
Information Office
P.O. Box 8057
Gaithersburg, MD 20898-8057
(800) 222-2225
TTY: (800) 222-4225

Alcohol and Drugs

National Clearinghouse for Alcohol and
Drug Information (S)
Information Specialist
P.O. Box 2345
Rockville, MD 20847-2345
(301) 468-2600
(800) 729-6686
Fax: (301) 468-6433

Allergies

American Allergy Association
P.O. Box 7273
Menlo Park, CA 94026
(415) 322-1663
America Online: allergyaid@aol.col

The Food Allergy Network
4744 Holly Avenue
Fairfax, VA 22030-5647
(703) 691-3179
(800) 929-4040
Fax: (703) 691-2713

Arthritis

Arthritis Foundation Information Line
P.O. Box 19000
Atlanta, GA 30326
(800) 283-7800
Fax: (404) 872-0457
Internet: arthritis.org

Cancer

American Cancer Society
1599 Clifton Road, NE
Atlanta, GA 30329
(404) 320-3333
(800) 227-2345
Fax: (404) 329-5787

American Institute for Cancer Research
1759 R Street, NW
Washington, DC 20009
(202) 328-7744
(800) 843-8114
Fax: (202) 328-7226
Internet gopher server: gopheraicr.org

National Cancer Institute
Office of Cancer Communications
Building 31, Room 10A-24
9000 Rockville Pike
Bethesda, MD 20892
(800) 4-CANCER
in Alaska: (800) 638-6070
in Hawaii: (800) 524-1234

Dental Health

American Dental Association (S)
Department of Public Information
and Education
211 East Chicago Avenue
Chicago, IL 60611
(312) 440-2593

National Institute of Dental Research
Public Information and Reports Section
Building 31, Room 2C35
31 Center Drive MSC 2290
Bethesda, MD 20892-2290
(301) 496-4261
Fax: (301) 469-9988

Diabetes

American Diabetes Association (S)
National Service Center
1660 Duke Street
Alexandria, VA 22314
(703) 549-1500
(800) 232-3472
Fax: (703) 549-6995

National Diabetes Information
Clearinghouse (S)
Box NDIC
1 Information Way
Bethesda, MD 20892-3560
(301) 468-2162

Digestive Diseases

National Digestive Diseases
Information Clearinghouse
Box NDDIC
9000 Rockville Pike
Bethesda, MD 20892
(301) 468-6344

Celiac Disease Foundation
13251 Ventura Boulevard, Suite 3
Studio City, CA 91604
(818) 990-2354
Fax: (818) 990-2379

CSA/USA
Celiac Sprue Association/United States
of America, Inc.
P.O. Box 31700
Omaha, NE 68131-0700
(402) 558-0600
Fax: (402) 558-1347

Crohn's and Colitis Foundation
of America, Inc.
386 Park Avenue, South, 17th Floor
New York, NY 10016-8804
(212) 685-3440
(800) 932-2423
Fax: (703) 549-6995

The Gluten Intolerance Group of North
America
P.O. Box 23053
Seattle, WA 98102-0353
(206) 325-6980

Eating Disorders

American Anorexia/Bulimia Association
418 East 76th Street
New York, NY 10021
(212) 734-1114

Anorexia Nervosa and Related Eating
Disorders, Inc.
P.O. Box 5102
Eugene, OR 97405
(503) 344-1144

National Anorectic Aid Society
445 E. Dublin-Granville Road
Worthington, OH 43085
(614) 436-1112

National Association of Anorexia Nervosa
and Associated Disorders
Box 7
Highland Park, IL 60035
(708) 831-3438
Fax: (708) 433-4632

National Food Addiction Hotline
2000 Commerce Drive
Melbourne, FL 32904-2335
(800) USA-0088

Fitness and Sports

Aerobics and Fitness Foundation
15250 Ventura Blvd., Suite 200
Sherman Oaks, CA 91403
(818) 905-0040

International Center for Sports Nutrition
502 South 44th Street, Suite 3012
Omaha, NE 68105
(402) 559-5505
Fax: (402) 559-7302

The President's Council on Physical
Fitness and Sports
701 Pennsylvania Avenue, NW
Room 250
Washington, DC 20004
(202) 272-3421
Fax: (202) 504-2064

Women's Sports Foundation
Eisenhower Park
East Meadow, NY 11554
(800) 227-3988
Fax: (516) 542-4716

Food and Nutrition

Center for Nutrition Policy and Promotion
1120 20th NW, Suite 200 North Lobby
Washington, DC 20036
(202) 418-2312
Fax: (202) 208-2321

Community Nutrition Institute
910 17th Street, NW, Suite 413
Washington, DC 20006
(202) 776-0595
Fax: (202) 776-0595

Food and Drug Administration (S)
Office of Consumer Affairs
Department of Health and Human Services
5600 Fishers Lane (HFE-88), Room 1685
Rockville, MD 20857
(301) 443-3170
Fax: (301) 443-9767

Food and Nutrition Information Center
National Agricultural Library/USDA
10301 Baltimore Blvd., Room 304
Beltsville, MD 20705-2351
(301) 504-5719
Fax: (301) 504-6409

National Center for Nutrition and
Dietetics (S)
The American Dietetic Association
216 W. Jackson Blvd., Suite 800
Chicago, IL 60606-6995
(312) 899-4854
(800) 366-1655
Fax: (312) 899-1739

Penn State Nutrition Center
The Pennsylvania State University
Ruth Building
417 E. Calder Way
University Park, PA 16802-5663
(814) 865-6323
Fax: (814) 865-5870

Nutrition Information Center
NY Hospital-Cornell Medical Ctr.
Memorial Sloan-Kettering Cancer Ctr.
515 East 71st Street
New York, NY 10021
(212) 746-1617
Garlic Information: (800) 330-5922
Calcium Information: (800) 321-2681
Olive Oil Information: (800) 232-6548

Food Safety

Food and Drug Administration
Seafood Hotline
(202) 205-2314
(800) FDA-4010
Fax: (202) 401-3532

Food Safety and Inspection Service (S)
Meat and Poultry Hotline/USDA
Room 2925-S
14th Street, SW
Washington, DC 20250
(202) 720-3333
(800) 535-4555
Fax: (814) 865-5870

General Health

American Medical Association
515 N. State Street
Chicago, IL 60610
(312) 464-5000
(800) 621-8335

Bureau of Refugee Services
(C,Ch,F,H,K,Kh,L,R,T,Td,Th,V)
Iowa Department of Human Services
1200 University, Suite D
Des Moines, IA 50314
(515) 283-7999
(800) 362-2780
(publishes bibliography of sources of
non-English language health resources)

Center for Science in the Public Interest
1875 Connecticut Avenue, NW, Suite 300
Washington, DC 20009-5728
(202) 332-9110
Fax: (202) 483-3286

Consumer Information Center (S)
P.O. Box 100
Pueblo, CO 81009

Metropolitan Life Insurance
Company Health and Safety Education Div.
One Madison Avenue
New York, NY 10010-3690
(212) 578-3372

National Clearinghouse for Primary Care
Information
8201 Greensboro Drive, Suite 600
McLean, VA 22102
(703) 821-8955 ext. 248

National Council Against Health Fraud, Inc.
P.O. Box 1276
Loma Linda, CA 92354
(909) 824-4690
Fax: (909) 824-4838
in Kansas City, MO: (816)228-4595

New Mexico Department of Health (S)
Health Promotion Bureau
P.O. Box 26110
Santa Fe, NM 87502-6610
(505) 827-0240

ODPHP National Health Information Center
(Office of Disease Prevention and Health
Promotion)
P.O. Box 1133
Washington, DC 20013-1133
(800) 336-4797
in Maryland: (301) 565-4167

Ohio Department of Health
Refugee Health Program
(L,C,V,P,Cz,H,R)
35 E. Chestnut Street, 7th Floor
Columbus, OH 43266-0118
(614) 644-8162

Public Voice For Food and Health Policy
1101 14th Street, NW
Suite 710
Washington, DC 20005
(202) 371-1840
Fax: (202) 371-1910

Heart Disease

American Heart Association National Center
(Ch, J, R, S)
7272 Greenville Avenue
Dallas, TX 75231
(214) 373-6300
(800) AHA-USA-1
(800) 242-8721
Fax: (410) 539-5049

American Heart Association (S)
Florida Affiliate, Inc.
5220 Biscayne Boulevard
Miami, FL 33137
(305) 751-1041

American Heart Association (Ch, J, R, S)
San Francisco Chapter
120 Montgomery, Suite 1650
San Francisco, CA 94104
(415) 433-2273

NHLBI Information Center (S)
(National Heart, Lung, and Blood Institute)
P.O. Box 30105
Bethesda, MD 20824-0105
(301) 951-3260
(800) 575-WELL

Maternal and Child Health

Allegheny County Health Department
Nutrition Service WIC Program
Investment Building
239 4th Avenue, 21st Floor
Pittsburgh, PA 15222
(412) 350-5800

American College of Obstetricians and
Gynecologists
Office of Public Information
409 12th Street, SW
Washington, DC 20024
(202) 638-5577

La Leche League International
1400 N. Meacham Road
P.O. Box 4079
Schaumburg, IL 60168-4079
(708) 519-7730
(800) LALECHE
Fax: (708) 519-0035

March of Dimes Birth Defects Foundation
1275 Mamaroneck Avenue
White Plains, NY 10605
(914) 428-7100
(914) 997-4720
(800) 367-6630 (multiple copies)

National Center for Education in Maternal
and Child Health Clearinghouse
2000 15th Street, North
Suite 701
Arlington, VA 22201
(703) 524-7802

National Maternal and Child Health
Clearinghouse
8201 Greensboro Drive, Suite 600
McLean, VA 22102
(703) 821-8955, ext. 254 or 265
Fax: (703) 821-2098

North American Menopause Society
University Hospitals
Department of OB/GYN
1100 Euclid Avenue
Cleveland, OH 44106
(216) 844-3334

Osteoporosis & Related Bone Disease
National Resource Center
1150 17th Street, NW, Suite 500
Washington, DC 20036
(202) 223-0344

Weight Control Information Network
1 WIN Way
Bethesda, MD 20892-3665
(301) 951-1120
America Online: winniddk@aol.com

B. Local Contacts for Nutrition, Medical and Health Organizations

Local Contacts (listed in telephone directory)

American Cancer Society (city, county, or state)
Health Educator

American Heart Association (city, county, or state)
Health Educator

Cooperative Extension Service (county or university)
Home Economist/Nutritionist

Diabetes Association (city or state)
Health Educator

F.D.A. Consumer Affairs Office
Consumer Affairs Officer

Health Department (city, county, or state)
Nutritionist or Registered Dietitian

Hospital
Registered Dietitian

March of Dimes
Health Educator

NOTE: Many of these local contacts have materials available in non-English languages or can refer you to other agencies or affiliates who do have these materials.

Section II. Food-Related Associations

Beverages

National Coffee Association of USA
110 Wall Street
New York, NY 10005
(212) 344-5596
Fax: (212) 425-7059

Dairy, Eggs, and Cheese

American Dairy Products Institute
130 N. Franklin Street
Chicago, IL 60606
(312) 782-4888
Fax: (312) 782-5299

American Egg Board
1460 Renaissance Drive
Park Ridge, IL 60068
(708) 296-7043
Fax: (708) 296-7007

Egg Nutrition Center
1819 H Street, NW
Suite 520
Washington, DC 20006
(202) 833-8850
Fax: (202) 463-0102

Dairy Management, Inc.
National Promotion Research Board
2111 Wilson Boulevard, Suite 600
Arlington, VA 22201
(703) 528-4800
Fax: (703) 524-9558
National Dairy Board Information Center
(800) 343-2479

Dairy Management, Inc.
National Dairy Council
O'Hare International Center
Nutrition Education Research
10255 West Higgins Road, Suite 900
Rosemont, IL 60018-5616
(708) 803-2000

National Yogurt Association
ATTN: Greg Tarmin
708 3rd Avenue, 11th Floor
New York, NY 10017
(212) 880-5348

National Yogurt Association
1764 Old Meadow Lane, Suite 350
McLean, VA 22102
(703) 821-0770
Fax: (703) 821-1350

Wisconsin Milk Marketing Board/
Dairy Farmers of Wisconsin
8418 Excelsior Drive
Madison, WI 53717
(608) 836-8820
(800) 373-9662
Fax: (608) 836-5822

Dried Fruits, Nuts, and Legumes

American Soybean Association
P.O. Box 419200
St. Louis, MO 63141-9200
(314) 576-1770
(800) 688-7692
Fax: (314) 576-2786

California Dry Bean Advisory Board
531-D N. Alta Avenue
Dinuba, CA 93618
(209) 591-4866
Fax: (209) 591-5744

California Fig Advisory Board
3425 N. First Street, Suite 109
Fresno, CA 93726
(209) 224-3447

California Pistachio Commission
Dept. QRS
1915 N. Fine Avenue
Fresno, CA 93727
(209) 252-3345

California Prune Board
P.O. Box 10157
Pleasanton, CA 94588
(510) 734-0150

Raisin Administrative Council
P.O. Box 231
Fresno, CA 93708
(415) 340-8311
Fax: (415) 340-8568

Idaho Bean Commission
P.O. Box 9433
Boise, ID 83707
(208) 334-3520
Fax: (208) 334-2442

National Sunflower Association
4023 State Street
Bismarck, ND 58501
(701) 328-5100
Fax: (701) 328-5101

Peanut Advisory Board
1950 North Park Place, Suite 525
Atlanta, GA 30339
(404) 933-0357
Fax: (404) 933-0796

USA Dried Pea and Lentil Council
5071 Highway 8 West
Moscow, ID 83843
(208) 882-3023
Fax: (208) 882-6406

Fish and Seafood

Alaska Seafood Marketing Institute
1111 West 8th Street, Room 100
Juneau, AK 99801-1895
(907) 465-5560
(800) 806-2497
Fax: (907) 465-5572
E-mail Bulletin Board
(800) 764-0014

Maine Sardine Council
P.O. Box 337
Brewer, ME 04412-0337
(207) 989-2180
Fax: (207) 989-2154

National Fisheries Institute, Inc.
1525 Wilson Blvd., Suite 500
Arlington, VA 22209
(703) 524-8881
Fax: (703) 524-4619

Rhode Island Seafood Council
406-A Main Street
Wakefield, RI 02879
(800) 328-3474

Virginia Marine Products Board
554 Denbigh Boulevard
Suite B
Newport News, VA 23602
(804) 874-3474
Fax: (804) 886-0671

Fruit

California Apricot Advisory Board
1280 Boulevard Way, Suite 107
Walnut Creek, CA 94595
(510) 937-3660
Fax: (510) 937-0118

California Avocado Commission
1251 E. Dyer Road, Suite 200
Santa Ana, CA 92705
(714) 558-6761
(800) 344-4333
Fax: (714) 641-7024

California Fig Advisory Board
3425 N. First Street, Suite 109
Fresno, CA 93726
(209) 224-3447
Fax: (209) 224-3449

California Kiwifruit Commission
1540 River Park Drive, Suite 110
Sacramento, CA 95815
(916) 929-5314
(800) 448-5494
Fax: (916) 929-3740

California Olive Industry
1903 N. Fine Street, Suite 102
Fresno, CA 93727
(209) 456-9096
Fax: (209) 456-9099

California Strawberry Commission
P.O. Box 269
Watsonville, CA 95077-0269
(408) 724-1301
(800) 899-1301
Fax: (408) 724-5973

California Table Grape Commission
2975 N. Maroa
P.O. Box 5498
Fresno, CA 93755
(209) 224-4997
Fax: (209) 224-4756

California Tree Fruit Agreement
P.O. Box 968
Reedley, CA 93654-0968
(209) 638-8260
(800) 636-8260
Fax: (209) 638-8842

Canned Fruit Promotion Service, Inc.
P.O. Box 7111
San Francisco, CA 94120
(415) 495-7714
Fax: (415) 541-0107

Cherry Marketing Institute
2220 University Park Drive, Suite 200
Okemos, MI 48864
(517) 347-0010
Fax: (517) 347-0605

The Cranberry Institute
P.O. Box 535
E. Wareham, MA 02538
(508) 295-4132

Florida Department of Citrus
1115 East Memorial Boulevard
P.O. Box 148
Lakeland, FL 33802
(941) 499-2500
Fax: (941) 499-2374

International Apple Institute
P.O. Box 1137
McLean, VA 22101-1137
(703) 442-8850
Fax: (703) 790-0845

International Banana Association
1929 39th Street, NW
Washington, DC 20007
(202) 223-1183
Fax: (202) 223-1194

Michigan Apple Committee
13105 Schavey Road, Suite 5
De Witt, MI 48820
(517) 669-8353
(800) 456-2753
Fax: (517) 669-9506

Michigan Blueberry Growers Association
P.O. Box B
Grand Junction, MI 49056
(616) 434-6791
(800) 367-7292
Fax: (616) 434-6997

National Cherry Growers and Industry
Foundation (Canned)
1005 Tieton Drive
Yakima, WA 98902
(509) 453-4837
Fax: (509) 453-4880

New York Cherry Association, Inc.
7645 Main Street
P.O. Box 350
Fishers, NY 14453
(716) 924-2171

North American Blueberry Council
P.O. Box 1036
Folsom, CA 95763
(916) 985-6644
Fax: (916) 985-0666

Oregon Washington California Pear Bureau
813 S.W. Alder
Suite 601
Portland, OR 97205
(503) 223-8139
Fax: (503) 294-1428

Produce Marketing Association, Inc.
1500 Casho Mill Road
Newark, DE 19714-6036
(302) 738-7100
Fax: (302) 731-2409

United Fresh Fruit and Vegetable
Association
727 N. Washington Street
Alexandria, VA 22314
(703) 836-3410
Education
Fax: (703) 836-2049
Marketing, Communication
Fax: (703) 836-7745

Washington Apple Commission
P.O. Box 18
Wenatchee, WA 98807
(509) 663-9600
Fax: (509) 662-5824

Western New York Apple Growers
Association
7645 Main Street
P.O. Box 350
Fishers, NY 14453-0350
(716) 924-2171
Fax: (716) 924-1629

Meat and Poultry

American Sheep Industry Association
6911 S. Yosemite Street
Englewood, CO 80112-1414
(303) 771-3500
Fax: (303) 771-8200

American Meat Institute
P.O. Box 3556
Washington, DC 20007
(703) 841-2400
Fax: (703) 527-0938

National Live Stock and Meat Board
444 N. Michigan Avenue
Chicago, IL 60611
(312) 467-5520
(800) 368-3138
Fax: (312) 467-1672
Fax: (800) 368-3136

National Pork Producers Council
P.O. Box 10383
Des Moines, IA 50306
(515) 223-2600
Fax: (515) 223-2646

National Turkey Federation
11319 Sunset Hills Road
Reston, VA 22090
(703) 435-7206

Other Food Related Organizations

The Association for Dressings and Sauces
5775 Peachtree-Dunwoody Road
Suite 500-G
Atlanta, GA 30342
(404) 252-3663
Fax: (404) 252-0774

Calorie Control Council
5775 Peachtree-Dunwoody Road
Suite 500-G
Atlanta, GA 30342
(404) 252-3663
Fax: (404) 252-0774

Food Marketing Institute
800 Connecticut Avenue, NW, Suite 400
Washington, DC 20006
(202) 452-8444
(202) 429-8236
Fax: (202) 429-4519

The Glutamate Association
5775 Peachtree-Dunwoody Road
Suite 500-G
Atlanta, GA 30342
(404) 252-3663
Fax: (404) 252-0774

Infant Formula Council
5775 Peachtree-Dunwoody Road
Suite 500-G
Atlanta, GA 30342
(404) 252-3663
Fax: (404) 252-0774

International Food Additives Council
5775 Peachtree-Dunwoody Road
Suite 500-G
Atlanta, GA 30342
(404) 252-3663
Fax: (404) 252-0774

International Food Information Council
1100 Connecticut Avenue, NW, Suite 430
Washington, DC 20036
(202) 296-6540
Fax: (202) 296-6547

Olive Oil Hotline
Foodcom, Inc.
708 Third Avenue
New York, NY 10017
(212) 297-0136
(800) 232-OLIVE OIL
Fax: (212) 297-0139

Popcorn Institute
401 N. Michigan Avenue
Chicago, IL 60611-4267
(312) 644-6610
Fax: (312) 245-1083

The Sugar Association, Inc.
1101 15th Street, NW, Suite 600
Washington, DC 20005
(202) 785-1122
Fax: (202) 785-5019

The Vinegar Institute
5775 Peachtree-Dunwoody Road
Suite 500-G
Atlanta, GA 30342
(404) 252-3663
Fax: (404) 252-0774

Pasta, Potatoes, and Grains

Idaho Potato Commission
P.O. Box 1068
Boise, ID 83701
(208) 334-2350
(800) 824-4605
Fax: (208) 334-2274

National Pasta Association
2101 Wilson Blvd., Suite 920
Arlington, VA 22201
(703) 841-0818
Fax: (703) 528-6507

Potato Board
7555 East Hampden
Room 412
Denver, CO 80231
(303) 369-7783

USA Rice Council
P.O. Box 740121
Houston, TX 77274
(713) 270-6699
Fax: (713) 270-9021

Washington State Potato Commission
108 Interlake Road
Moses Lake, WA 98837
(509) 765-8845
Fax: (509) 765-4853

Wheat Foods Council
5500 South Quebec, Suite 111
Englewood, CO 80111
(303) 694-5828
Fax: (303) 694-5807

Vegetables

California Artichoke Advisory Board
P.O. Box 747
Castorville, CA 95012
(408) 633-4411
(800) 827-2783
Fax: (408) 633-0215

California Tomato Board
2017 N. Gateway Blvd., Suite 102
Fresno, CA 93727
(209) 251-0628
Fax: (209) 251-0705

The Frozen Vegetable Council
1838 El Camino Real
Suite 202
Burlingame, CA 94010
(415) 697-6835
Fax: (415) 697-6646

Mushroom Council
2200 B. Douglas Blvd.
Suite 220
Roseville, CA 95661
(916) 781-7585

Produce Marketing Association
1500 Casho Mill Road
Newark, DE 19714-6036
(302) 738-7100
Fax: (302) 731-2409

Wisconsin-Minnesota Canned Vegetable
Council
222 N. Midvale Blvd., Suite 29
Box 5258
Madison, WI 53705
(608) 231-2250
Fax: (608) 231-6952

Section III. Food Companies

American Home Food Products
Nutrition and Education Services
Dept. 685 Third Avenue
New York, NY 10017
(800) 544-5680

American Home Food Products, Inc.
5 Jiralda Farms
Madison, NJ 07940-0873
(800) 544-5680 (9AM-5PM CST)
Fax: (201) 660-6916

Arm and Hammer
469 N. Harrison Street
Princeton, NJ 08543
(800) 524-1328 (9AM-4PM EST)
Fax: (215) 641-5780

Best Foods
A Division of CPC International Inc.
P.O. Box 8000
International Plaza
Englewood Cliffs, NJ 07632
(201) 894-2307

Cadbury Beverages
Consumer Affairs Office
6 Highridge Park
P.O. Box 3800
Stamford, CT 06913-1051
(800) 426-4891 (9AM-4PM EST)
Fax: (203) 968-5757

Campbell Soup Company
Corporate Communications Center
Campbell Place
Camden, NJ 08103-1701
(609) 342-4800
(800) 257-8443 (9AM-4PM CST)
Fax: (609) 342-6449

ConAgra Frozen Foods
Consumer Service Department
6 Con Agra Drive
P.O. Box 3768
Omaha, NE 68103-0768
(800) 722-1344 (10AM-7PM CST)

Dannon Company
120 White Plains Road
Terrytown, NY 10591
(914) 366-9700
(800) 321-2174
Fax: (914) 366-2805

Del Monte
Consumer Affairs Department
P.O. Box 193575
San Francisco, CA 94119-3575
(800) 543-3090 (8AM-5PM PST)
Fax: (415) 247-3080

Dole Consumer Center
5795 Lindero Canyon Road
West Lake, CA 91362
(800) 232-8888 (8AM-5PM PST)
Fax: (818) 874-4997

Empire Kosher Poultry
Customer Relations
P.O. Box 165
Mifflintown, PA 17059
(800) 367-4734 (8AM-3PM M-TH,
8AM-3PM FRI EST)
Fax: (717) 436-9269

Fleishman
P.O. Box 1911
East Hanover, NJ 07936
(800) 622-4726
Fax: (201) 503-2202

Gerber Products
445 State Street
Fremont, MI 49413
(800) 443-7237 (24 hours/day)
Fax: (616) 928-2723

Giant Food, Inc.
Consumer Affairs Department
P.O. Box 1804
Washington, DC 20013
(301) 341-4322
Fax: (301) 618-4967

H. J. Heinz
1 Riverfront Place
Newport, KY 41071
(800) 252-7022 (9AM-5PM EST)
(800) USA-Baby
Fax: (606) 655-5730

Hershey Foods Corporation
Consumer Relations Department
P.O. Box 815
100 Crystal A Drive
Hershey, PA 17033-0815
(800) 468-1714 (9AM-4PM EST)

Hormel Foods Corporation
Consumer Affairs
P.O. Box 800
Austin, MN 55912
(800) 523-4635 (8AM-4PM CST)

Hunt-Wesson Foods
1645 West Valencia Drive
Fullerton, CA 92633
(714) 680-1000
Fax: (714) 449-5100

Kellogg Company (S)
Consumer Affairs Department
P.O. Box 3599
Battle Creek, MI 49016-3599
(800) 962-1413

Kraft General Foods
250 North Street
White Plains, NY 10625
(800) 431-1003
(800) 323-0768

Kretschmer Wheat Germ Sampling Co.
c/o McDowell & Piasecki
Food Communications, Inc.
20 N. Wacker Drive, Suite 1740
Chicago, IL 60606-0944
(312) 201-9101
Fax: (312) 201-9161

Land O'Lakes
Consumer Affairs Department
P.O. Box 116
Minneapolis, MN 55440-9904
(800) 328-4155 (9AM-4PM CST)
Fax: (612) 481-2959

McDonald's Customer Relations
McDonald's Corporation
McDonald's Plaza
Oak Brook, IL 60521
(708) 575-6198

McDonald's Education Resource Center
P.O. Box 8002
St. Charles, IL 60174-8002
(800) 627-7646
Fax: (708) 584-0672

Nabisco Brands, Inc.
P.O. Box 1911
East Hanover, NJ 07936
(800) 622-4726 (9AM-7:30PM EST)

Nestle Food Company
Nestle Consumer Affairs
800 N. Brand Boulevard
Glendale, CA 91203
(800) 637-8537 (8AM-4PM PST)
Fax: (818) 549-6330

The NutraSweet Company
Consumer Affairs
Box 830
Deerfield, IL 60015
(800) 321-7254 (9AM-3PM CST)
Fax: (708) 405-7790

Ocean Spray Cranberries, Inc.
One Ocean Spray Drive
Lakeville-Middleboro, MA 02349
(508) 946-1000
(800) 662-3263
Fax: (508) 946-7004

Oscar Mayer Foods Corporation
P.O. Box 7188
Madison, WI 53707
(608) 241-3311
Fax: (608) 242-6108

Perdue Farms Inc.
P.O. Box 1537-NI
Salisbury, MD 21802
(800) 442-2034
Fax: (410) 543-3884

Perrier Group of America
Consumer Affairs
601 East Potail Grande Drive
Monterey Park, CA 91754
(800) 937-2002 (9AM-8PM PST)
Fax: (213) 888-8228

The Pillsbury Company
Consumer Relations
Pillsbury Center
200 South 6th Street
Minneapolis, MN 55402
(800) 767-4466 (8AM-6PM CST)
Fax: (612) 330-4875

Proctor and Gamble
P.O. Box 599
Cincinnati, OH 45201
(513) 983-1100
(800) 543-7276 (8:30AM-8:30PM EST)

Quaker Oats Company
P.O. Box 049003
Chicago, IL 60604-9003
(800) 234-6281

Sunkist Growers, Inc.
Consumer Information
P.O. Box 7888
Van Nuys, CA 91409-7888
(818) 986-4800
(800) CITRUS-5
(800) 248-7875 (M-F 8:30-5 PST)

Sweet'n Low-Butter Buds Hotline
P.O. Box 140
Great Neck, NY 11021
(800) 231-1123 (9AM-5PM EST)
in New York: (800) 336-0363
Fax: (516) 829-3259

Sweet One Hotline
Stadt Corporation
P.O. Box 2160, Suite 1
Great Neck, NY 11022
(800) 544-8610 (9AM-5PM EST)
Fax: (516) 829-3259

Tyson Foods, Inc.
P.O. Box 2020
Springdale, AR 72765-2020
(800) 233-6332 (8AM-5PM CST)
Fax: (501) 290-7930

Wendy's International, Inc.
P.O. Box 256
Dublin, OH 43017
Fax: (614) 764-6894
(614) 764-6800

Van Den Bergh Foods (Ragu)
Consumer Information Center
75 Merritt Boulevard
Trumbull, CT 06611
(800) 328-7248 (8:30AM-8:30PM EST)

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