

## **Historic, Archive Document**

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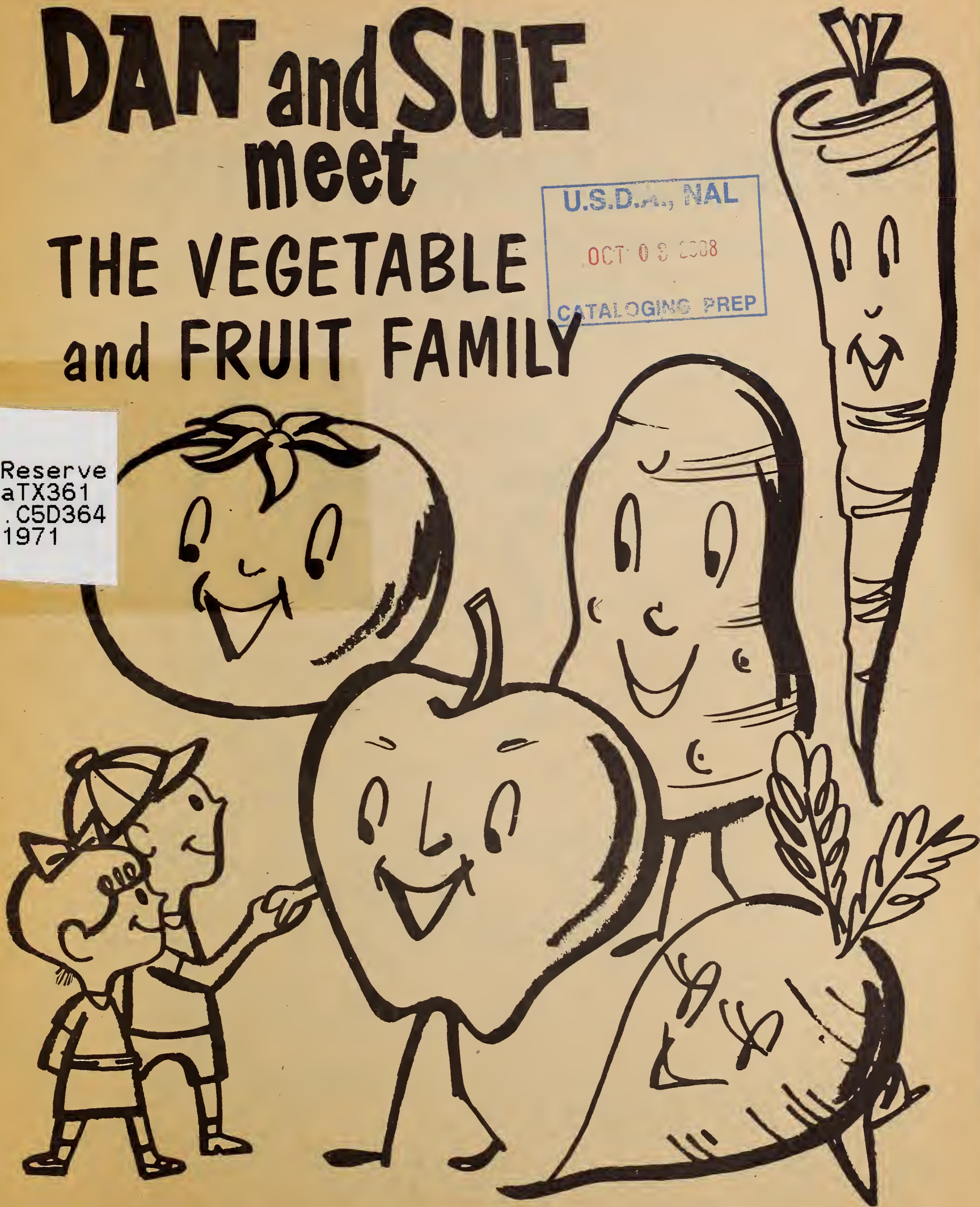


# DAN and SUE meet

## THE VEGETABLE and FRUIT FAMILY

U.S.D.A., NAL  
OCT 08 1968  
CATALOGING PREP

Reserve  
aTX361  
.C5D364  
1971

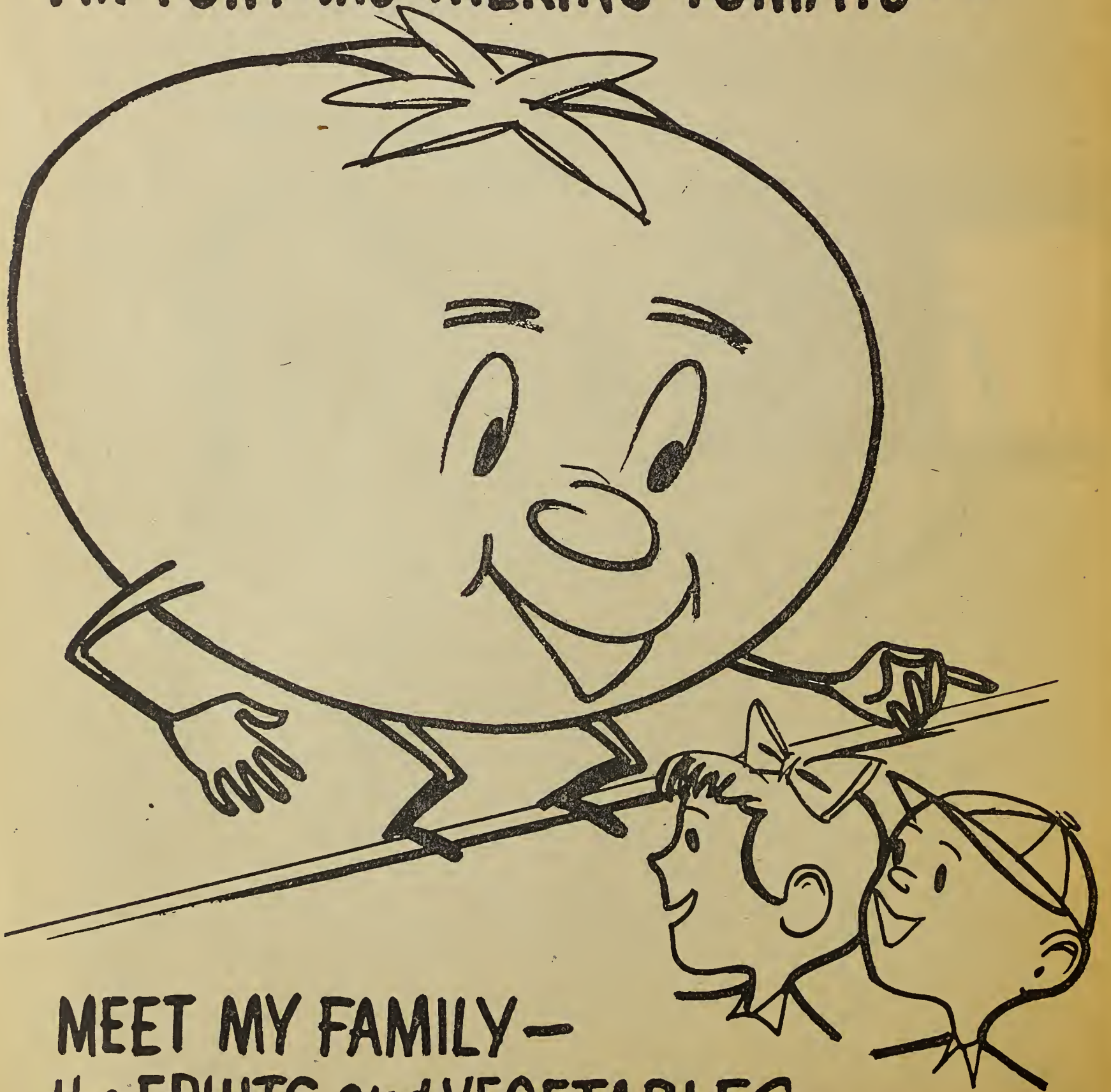


EXTENSION SERVICE / U.S. DEPARTMENT OF AGRICULTURE / SEPTEMBER 1971



HELLO THERE!

I'm TONY the TALKING TOMATO...



MEET MY FAMILY -  
the FRUITS and VEGETABLES...



I'm a CABBAGE HEAD  
SOLID, MAN, SOLID

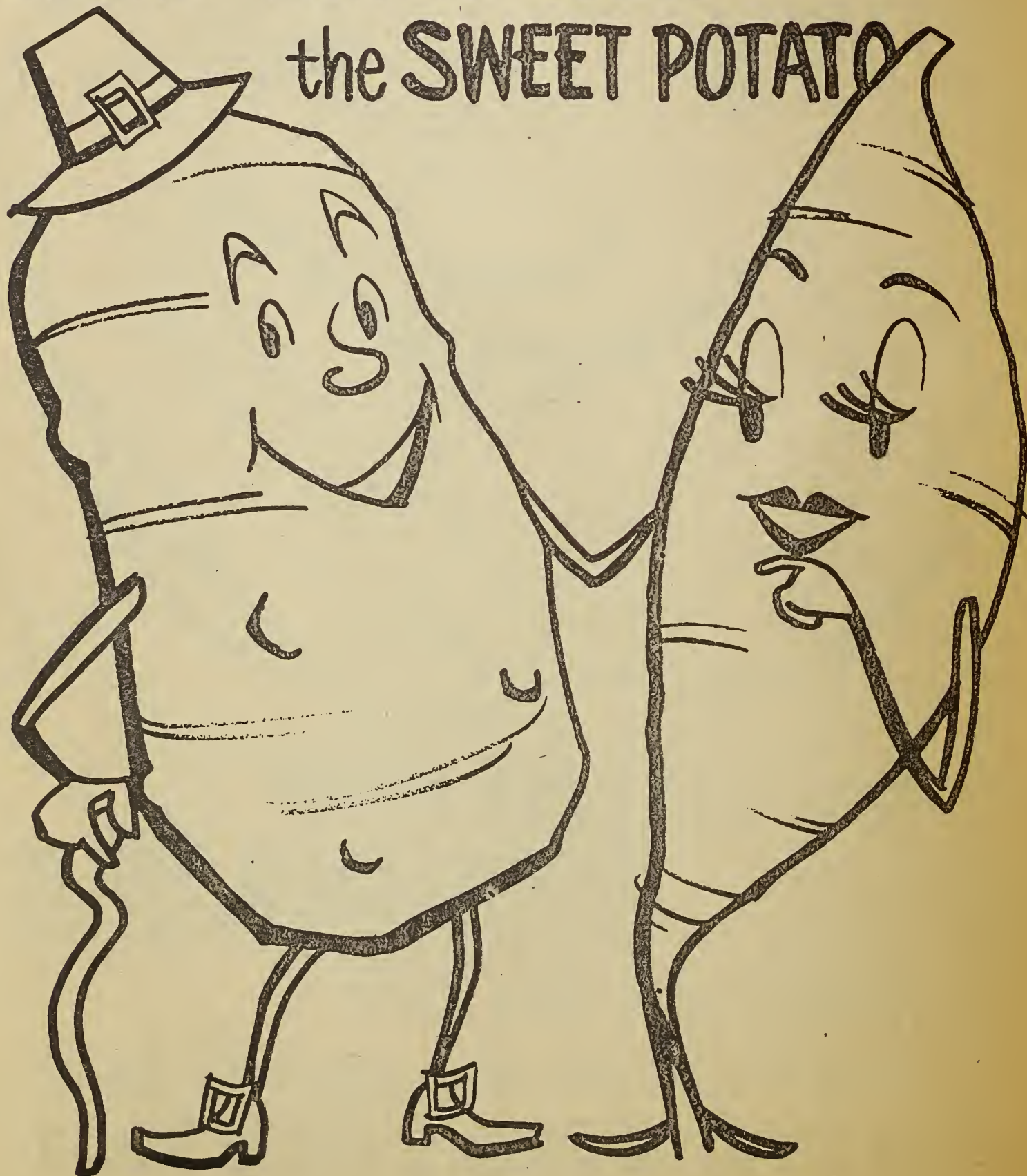
I don't have any BODY  
but if you eat me you will have  
a GOOD HEAD on a GOOD BODY-



I'm SPUD, the WHITE POTATO...

meet MY FRIEND YAM-

the SWEET POTATO



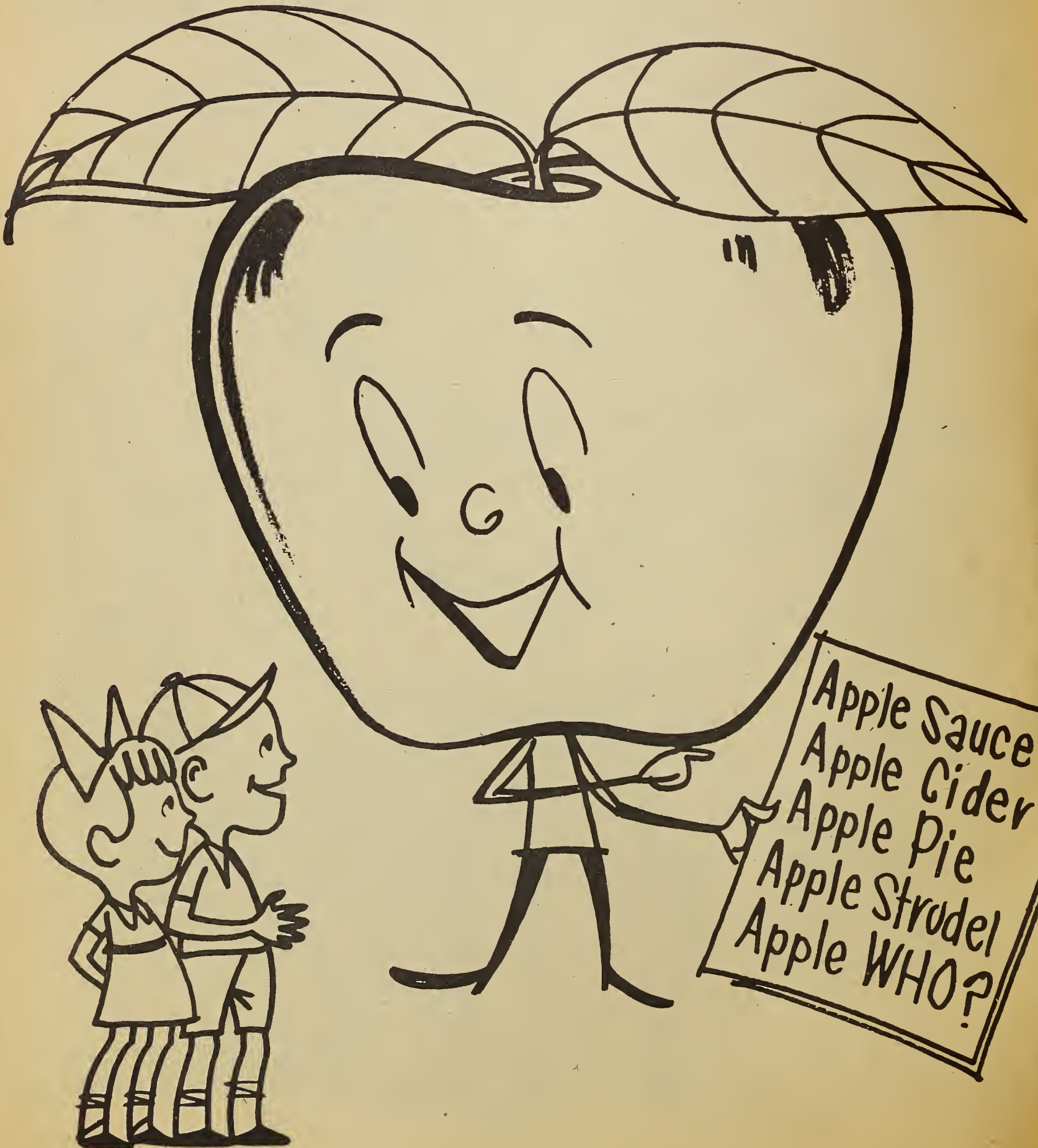


I'm an ORANGE, FULL OF JUICE . . .



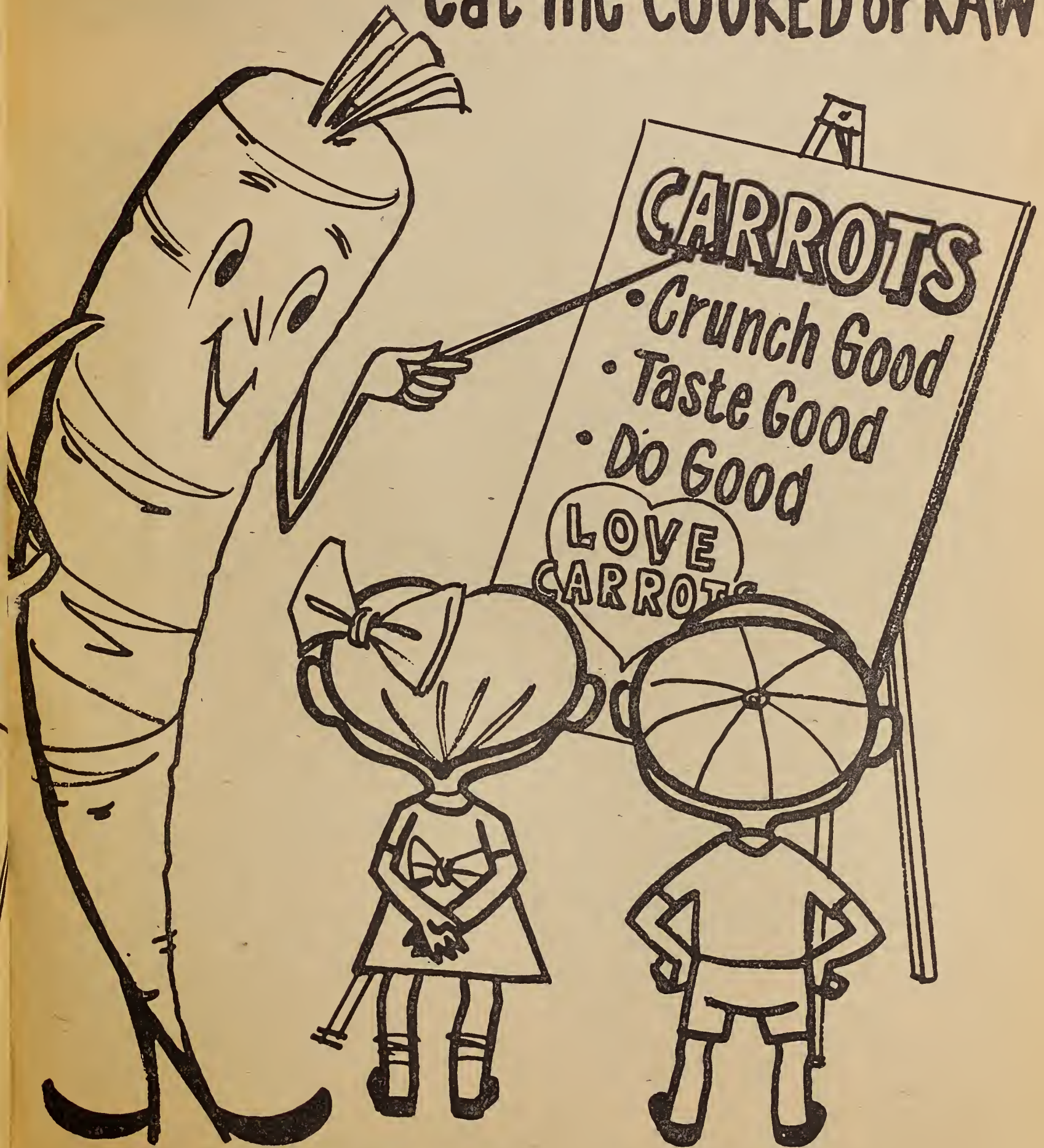
Sometimes  
I'm CANNED  
and called O.J.,  
which stands  
for - OH JOY  
(also ORANGE JUICE)

Most EVERYBODY knows me. I'm an APPLE





I'm CRUNCHO, the CARROT - You can eat me COOKED or RAW





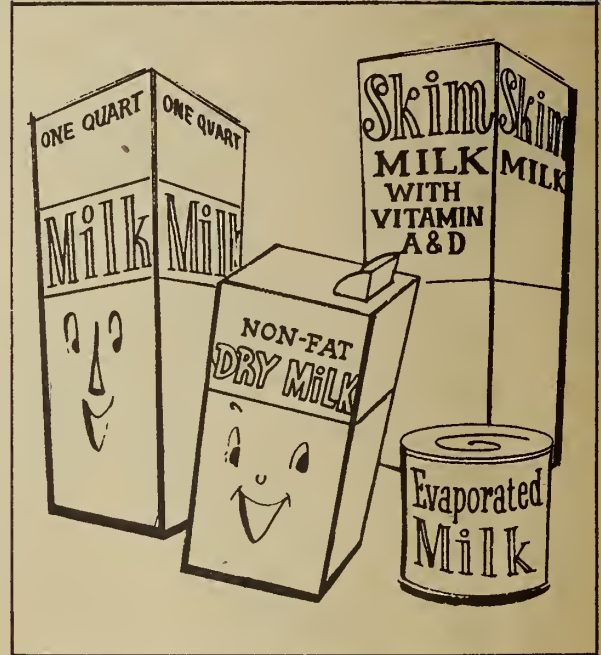
# Eat FOODS from Each Food Family Every Day

## VEGETABLE AND FRUIT FAMILY

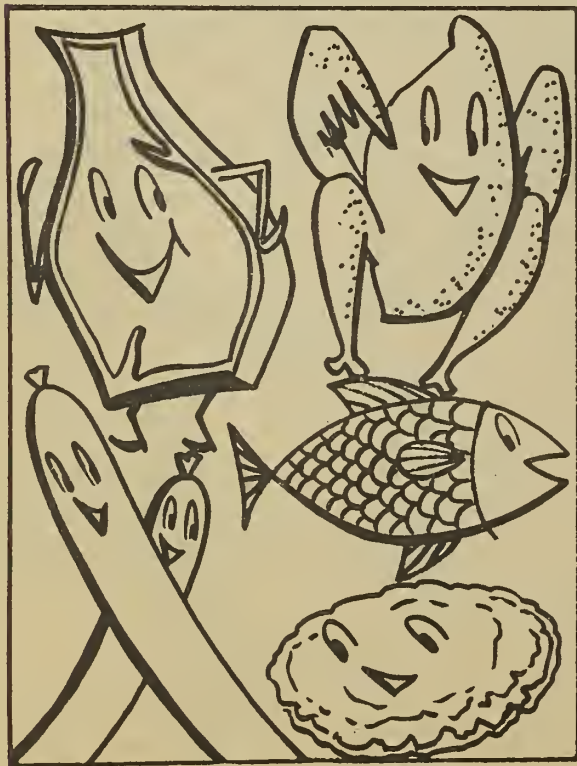


## MILK FAMILY

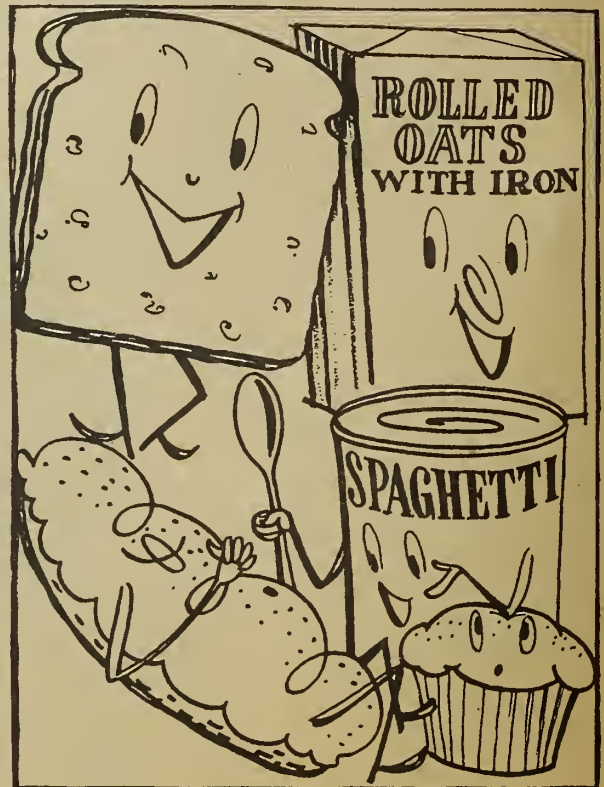
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## MEAT FAMILY



## BREAD AND CEREAL FAMILY



ART REPRODUCED FROM CONSUMER AND MARKETING SERVICE'S  
"Dan and Sue meet Friendly Foods Coloring Book"