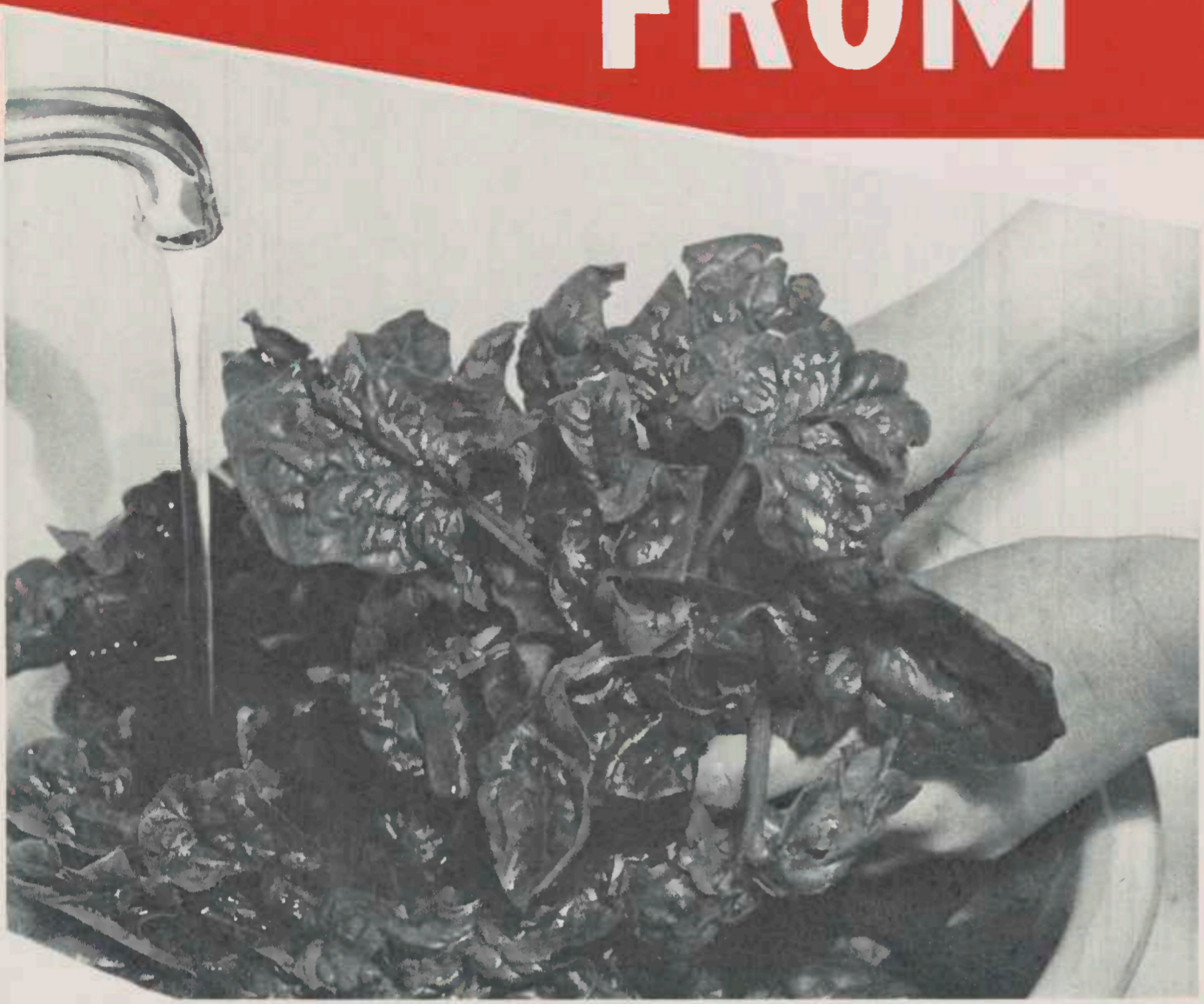


Historic, archived document

Do not assume content reflects current scientific knowledge, policies, or practices.

Get the Good...

FROM VEGETABLES



- Wash quickly
don't soak

- Keep cool keep in
nature's covering
until ready to cook



- Cut just
before using



BUREAU of HOME ECONOMICS
U.S. DEPARTMENT of AGRICULTURE

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